

### 4-H Camp Packing Checklist

- \_\_\_\_\_ **At least** 5 changes of clothing – We will provide the camp shirt for Friday!
- \_\_\_\_\_ **Bathing Suit – see back page for guidelines** Also, beach towel and cover up – goggles with attached nose pieces are NOT permitted during swim time
- \_\_\_\_\_ Two pairs of shoes (One must be lace-up/fully covered feet and other needs to be sandals/flip flop to wear to pool/shower house)
- \_\_\_\_\_ Jacket or sweatshirt
- \_\_\_\_\_ Rain gear
- \_\_\_\_\_ Towels and washcloth (should not be the family's best towels!)
- \_\_\_\_\_ Soap, shampoo, toothbrush, toothpaste, & other toiletries (something to carry them in to the bath house is great also!)
- \_\_\_\_\_ Water bottle – Labeled with name
- \_\_\_\_\_ Bug repellent
- \_\_\_\_\_ Sun screen (Spray preferred for ease of use)
- \_\_\_\_\_ Medications taken regularly (please follow medication guidelines – photo required)
- \_\_\_\_\_ Sleeping bag or blanket & sheets, & a pillow. (Rolled and secured with old belt &/or placed in **well-labeled** trash bag is recommended. Make sure they are labeled!)
- \_\_\_\_\_ Garbage bag for wet and dirty clothes - (Put first & last name clearly on duct tape on outside of bag.)
- \_\_\_\_\_ Money for snacks/souvenirs – please mark the amount/keep secure and limit amount
- \_\_\_\_\_ Snacks are okay – in resealable bags and NO chocolate/peanut butter/tree nuts
- \_\_\_\_\_ Battery operated small fan, if desired (no guaranteed access to outlet)

**Use a permanent marker to write your camper's name on each item (ESPECIALLY their towels!)**

Leave at home: portable video games, cell phones, any type of knives including hunting & fishing, fireworks, shaving cream, expensive clothing or jewelry, anything you wouldn't want broken or lost

Each camper is allowed **one piece of luggage**, plus their **sleeping bag/bedding**. **A backpack for the bus is also allowed.** **Totes are recommended for luggage!**

**We will tag luggage prior to loading it put if you want feel free to attach a bandana or other luggage tag to better identify your 4-H'ers luggage.**

### **4-H Camp Dress Code**

**T-shirts:** Any color and most designs are ok. No alcohol, tobacco, vulgar language, or sexual references permitted.

**Spaghetti Straps:** Not permitted.

**Shorts:** A good length is about mid-thigh. No cut-off shorts permitted.

**Bathing Suits:** Appropriate bathing suits or swim trunks that cover all private parts should be worn by all camp participants. No speedo briefs or thongs are allowed. Shirts and shorts must be worn over bathing suits while traveling to and from activities.

**Shoes:** Tennis shoes are best. Sandals with straps across the heel are ok. Flip-flops can only be worn in the cabins, at the pool, lake, and bathhouses. Appropriate footwear at the program areas is required at all times; Shooting Sports requires closed toe shoes, Challenge Course requires lace up shoes, and all others are subject to requirements of the leader of the program area.

**Piercings & Tattoos:** Only simple, small earrings/studs may be worn. Large loops or dangling earrings pose a safety risk. A pierced belly button must not be visible at any time.

Inappropriate tattoos portraying alcohol, tobacco, vulgar language, or sexual references must be covered at all times.