SUMMER MENU AND DINING INFO 2024

2024 DINING STYLE—Camp meals are served cafeteria style. Alternative options and a salad bar will be available at all meals.

SALAD BAR—Breakfast will include whole fruits, cottage cheese, applesauce, and a variety of yogurts. Lunch and Dinner will include lettuce, assorted veggies, dressing, cottage cheese, and fresh cut fruit. Options may vary by meal.

ALTERNATIVES—Breakfast will include cereals and whole fruit, lunch will include turkey and ham subs, and dinner will include grilled cheese sandwiches. Camp foodservice staff prepares alternatives to lunch and dinner equal to 10% of the total camp enrollment for that meal.

SPECIAL DIETARY NEEDS—We are able to accommodate gluten allergies, Alpha Gal, vegetarian diets, and religious restrictions during the summer. While the camp foodservice staff work diligently to ensure the safe preparation of food, please note that we cannot guarantee our food products come from facilities that guarantee no cross-contact with common allergens. The possibility of exposure does exist. Some families like to send their camper with spe-

cially labeled foods for mealtime to accommodate dietary needs and we are able to store those items, but must have prior arrangements made by completing the dietary needs survey or calling the camp office two weeks prior to arrival. Scan the QR code to the right to access the Dietary Needs Survey.

STAYING HYDRATED—We encourage all camp participants to carry a labeled water bottle with them for their time at camp. Water and other beverages will be available at all meals. Water bottle filling stations and water fountains are conveniently located around camp and activity areas, and are available at all times.

ARRIVAL DAY

LUNCH: Pizza, Cheese Bread, Pasta Salad, Corn, Peaches, Brownie

DINNER: Hamburger, Cheese, Fresh Toppings, French Fries, Baked Beans, Dessert Cup

<u>Special Diet:</u> (PB= plantbased; GF= gluten-free) Lunch– GF Pizza, GF brownie/cookie; Cheese pizza

Dinner– PB burger; GF bun; GF tater tots

DAY 2

BREAKFAST: Tortilla, scrambled eggs, bacon, home fries, salsa

LUNCH: Chicken patty, fresh toppings, carrots w/ ranch, mac n cheese, orange slices

DINNER: Hot dog, chili, tots, coleslaw, pineapple

<u>Special Diet:</u> Breakfast– PB sausage; GF tortilla; GF cereals

Lunch– PB patty; GF bun; GF mac

Dinner– PB hotdog; GF bun

DAY 3

BREAKFAST: Biscuit & gravy, scrambled eggs, sausage, hash rounds

LUNCH: Turkey/ham subs, cheese, fresh toppings, sun chips, jell-o

DINNER: Chicken fajita taco, fresh toppings, black beans, queso, corn chips & salsa, dessert cup

<u>Special Diet:</u> Breakfast– PB sausage; GF cereals

Lunch– GF bun; vegetarian grilled cheese

Dinner– PB chicken; GF tortilla

DAY 4

BREAKFAST: French toast sticks, scrambled eggs, bacon, baked apples

LUNCH: Chicken nuggets, mashed potatoes, green beans, roll, cake

DINNER: Chicken alfredo, garlic bread, mixed veggies, grapes, strawberry shortcake

<u>Special Diet:</u> Breakfast– PB sausage; GF cereal

Lunch– PB chicken; GF chicken; GF roll; GF cake

Dinner– PB lasagna, GF chicken alfredo; GF garlic bread; GF cake

DEPARTURE DAY

BREAKFAST: Cheese omelet, sausage link, cinnamon roll, icing cup

LUNCH (if applicable): Meatball subs, curly fries & cheese, fruit cocktail, brownie

Special Diet: :Breakfast– PB sausage; GF cereals

Lunch– PB meatballs; GF bun; GF tater tots

BRUNCH

Chicken, French toast sticks, scrambled eggs, sausage, hash rounds, biscuit & gravy

